

## **Codes of Conduct: Coaches and Volunteers**

- Respect the rights of every athlete and others involved in athletics and treat everyone equitably.
- Place the wellbeing and safety of the athlete above the development of performance.
- Be appropriately qualified, be a member of the PVG scheme, have a valid licence with UKA, and adhere to its terms and conditions.
- Ensure that activities and instructions are appropriate for the age, maturity, experience and ability of individual athletes.
- In circumstances where I need to demonstrate a technique through physical contact, always provide an explanation and seek consent before touching the athlete.
- Consistently promote positive aspects of the sport and never condone rule violations or the use of prohibited, or age-inappropriate substances.
- Avoid being alone with a child or young athlete unless in clear line of sight with other adults.
- Follow the guidance on transporting children.
- Ensure that parents/carers know and have given consent before taking a young athlete away from the usual training venue.
- Develop appropriate working relationships with athletes based on mutual trust and respect, particularly where athletes are under 18 years, or are vulnerable adults.
- Not conduct an inappropriate relationship with an athlete under 18 years of age (an intimate relationship with someone under 16 years is a criminal offence).
- Not engage in massaging with an athlete under the age of 18 years, and understand that it is strongly recommended that I do not engage in the massaging of an athlete over the age of 18 years, unless the holder of a suitable qualification in sports massage or other relevant qualification from a recognised body or authority.
- Report any accidental injury, distress, misunderstanding or misinterpretation to the club committee.

## **Breach of the Codes of Conduct**

I understand that if I do not follow the Code of Conduct the following sanctions(s) may be taken by my club:

I may:

- Receive a verbal warning from the club welfare officer.
- Receive a verbal or written warning from the club committee.
- Be suspended by the club.
- Be required to leave or be sacked by the club.

In addition:

- My UKA coaching licence may be withdrawn.
- I may be referred to Disclosure Scotland.

\_\_\_\_\_Print name

\_\_\_\_\_Signed

\_\_\_\_\_Date